## DELANEY'S

## WINTER MENU

## Fresh Heat and Serve Meals! Please inform a team member if a person in your party has a food allergy Menu subject to change.

## TWO PERSON ENTREES

TWO PERSON ENTREES
INDIVIDUAL ENTREES

POULTRY
Chicken \& Thai Noodles \$18.00
Stuffed Chicken w/ Broccoli Cheddar \$22.00
Chicken Parmesan w/ Pasta \$19.00
Tempura Tso's Chicken w/ Rice \$18.00
Southwestern Chicken Penne Alfredo \$19.00
Chicken Bruschetta w/ Zucchini (GF/DF) \$24.00
Chicken Pot Pie $\$ 20.00$
Stuffed Apple \& Brie Chicken Dinner \$22.00
Turkey Dinner \$22.00
Simply Chicken Cutlets \$15.00
Chicken Francaise Dinner \$22.00
Chicken Marsala Dinner \$19.00
Bacon Ranch Chicken \$18.00
Honey Mango Chicken \& Rice \$18.00
SEAFOOD
Coconut Whitefish w/ Mango Salsa \$19.00
Stuffed Scrod w/ Lobster Sauce \$23.00
Lemon Parmesan Scrod Dinner \$22.00
Lemon Garlic Shrimp \& Pasta \$21.00
Blackened Salmon w/ Jasmine Rice (GF) \$18.50
Stuffed Shrimp Casserole w/ Rice Pilaf \$21.00
Scrod Francaise \$20.00
PASTA \& VEGETARIAN
Penne Bolognese $\$ 15.00$
Pesto Tortellini \$15.00
Baked Rigatoni $\$ 9.00$
Eggplant Parmesan \$18.00
Stuffed Shells w/ Marinara \$16.00
Small Cheese Lasagna $\$ 17.00$
Small Meat Lasagna \$21.00
Spinach \& Roasted Garlic Cheese Ravioli \$15.00
Cheddar Mac \& Cheese \$16.00
Buffalo Chicken Mac \& Cheese $\$ 17.00$

## BUTCHER

Meatloaf \& Mashed Potatoes \$20.00
Pot Roast Dinner (GF) \$21.00
Short Rib Mac \& Cheese \$21.00
Beef Stroganoff \$23.00
Spinach, Sausage \& Garlic Rigatoni \$17.00
Meatballs \& Pasta Dinner \$18.00
Popover Stuffed Short Rib Dinner \$18.00
Shepherd's Pie (GF) \$22.00
Pulled Pork Stuffed Sweet Potatoes (GF) \$17.00
Korean Beef Tips w/ Thai Noodles \$23.00
Filet Beef Tips w/ Gorgonzola Demi Glaze \$25.00

## SIDES

Broccoli (GF/DF) \$8.00
Honey Ginger Carrots (GF/DF) \$8.00
Sour Cream \& Chive Mashed Potatoes (GF) \$8.00
Green Beans $\$ 7.00$
Balsamic Brussel Sprouts (GF) \$8.00
Street Corn (GF) \$7.00
Linguini Aglio \$8.00
Twice Baked Potatoes \$10
Thai Peanut Noodles $\$ 10.00$
Roasted Vegetables (GF) \$8.00
Sweet Potato Mashed (GF) \$8.00
Herb Roasted Baby Potatoes (GF) \$8.00
Mediterranean Quinoa (GF) \$7.00
Whipped Butternut Squash $\$ 8.00$
Rice Pilaf \$7.00

## FAMILY SIZE ENTREES

Large Meat Lasagna $\$ 30.00$
Chicken Taco Kit \$28.00
Steak Taco Kit \$31.00

Stuffed Chicken w/ Broccoli Cheddar \$13.00
Chicken Cordon Bleu Dinner (GF) \$13.50
Cilantro Lime Rice Bowl (GF/MA) \$8.00
Southwestern Rice Bowl (GF/MA) \$8.00
Mediterranean Chicken Rice owl (MA) \$8.00
Jerk Chicken Rice Bowl \$9.00
Meatloaf Dinner \$11.50
Pot Roast Dinner (GF) \$11.50
Chicken Parmesan \& Penne \$11.50 Stuffed Peppers \$14.00 Chicken Pot Pie \$11.00
Maple Glazed Salmon Dinner \$12.50 Beef Stroganoff \$12.50
Lemon Scrod Dinner \$12.00
Stuffed Golumpkis \$15.00
Swedish Meatballs Over Egg Noodles \$12.00
Caribbean Salmon Dinner \$ 12.50
White Cheddar Mac \& Cheese w/ Kielbasa \$12.00
Apple \& Brie Stuffed Chicken \$13.00
Albacore Tuna Noodle Casserole \$14.50
Chicken Bacon Ranch Mac \& Cheese \$11.50
Chicken Marsala Dinner \$13.00
Roasted Turkey Dinner \$11.50
Chicken Francaise Dinner \$13.00
Shepherd's Pie (GF) \$11.00
Pulled Pork Dinner \$11.50
Lemon Garlic Shrimp \& Pasta \$12.00
Turkey \& Sides Stuffed Popover \$13.00
Lazy Man Perogies with Blue Seal Kielbasa \$13.00
Sausage \& Spinach w/ Rigatoni \$12.00
Vegan Meatloaf Dinner (VE) \$14.00
Sausage Cornbread Stuffed Pork Loin \$14.00
Mediterranean Filet Kabob \& Quinoa (GF/MA) \$15.00 Mediterranean Chicken Kabob \& Quinoa (GF/MA) \$14.00

## LOCATIONS

2030 Boston Road, Wilbraham (413) 438-0887
696 Bliss Road, Longmeadow (413) 372-8486
587 E. Main Street, Westfield (413) 261-6240
459 Granby Road, South Hadley (413) 650-2200
www.delaneysmarket.com

$$
\begin{array}{r}
\mathbf{G F}=\text { Gluten Free } \mid \mathbf{D F}=\text { Dairy Free } \mid \mathbf{V E}=\text { Vegan } \mid \\
\mathbf{V G}=\text { Vegetarian } \mid M A=\text { Macro Meal } \\
\text { HOURS } \\
\text { Monday-Friday 11am- } \\
\text { 8pm Saturday 10am-7pm } \\
\text { Sunday 12pm-5pm }
\end{array}
$$

## $\mathrm{DE}_{\mathrm{m}} \mathrm{L}_{\mathrm{A}} \mathrm{AN}_{\mathrm{k}} \mathrm{E}_{\mathrm{E}} \mathrm{Y}_{\mathrm{T}} \mathrm{S}$

# READY • FRESH • HEAT \& SERVE 

Longmeadow • South Hadley • Westfield • Wilbraham

## Appetizer \& Dips (Feeds 6-8)

Mini Teriyaki Meatballs
Mini Italian Meatballs Chicken Cordon Bleu Bites Mini Vegetable Spring Rolls

Coconut Chicken Bites
Horseradish Cheddar Spread
Five Onion Dip
Mango Salsa
Buffalo Chicken Dip
Honey Butter
Turkey Gravy
Cranberry Sauce

Bakery and Desserts's
Popovers (Rosemary \& Traditional)
Garlic Knots (8 pk)
Edna's Blue Cheese Bread
Buffalo Chicken Stuffed Bread
Parmesan Herb Bread
Assorted Breakfast Breads
Gillian's Garlic Bread (GF)
Variety of Giant Cookies
Grand Apple Pie
Blueberry Pie
Fruit of the Forest Pie Cake Slices
Nightingale Ice Cream Sandwiches
Batch Ice Cream (Pint)
Chocolate Chip Bread Pudding

## GRAB AND GO LUNCH OPTIONS

## Salads

Garden Salad (GF/MA)
Garden Salad w/ Chicken (GF/MA)
Caesar Salad (MA)
Seasonal Fruit Salad
Salmon House Salad (GF/MA)
Greek Salad (GF/MA)
Beet \& Goat Cheese Salad (GF/MA)
Chicken Caesar Salad (MA)
Chicken Apricot Salad
Albacore Tuna Salad Egg Salad Ham \& Pickle Salad

